



US Youth Soccer 4 V 4 Official Laws Under Eight

Law I-The Field:

- A. Dimensions: The field of play shall be rectangular, its length being not more than 50 yards nor less than 40 yards and its width not more than 30 yards nor less than 20 yards. The length in all cases shall exceed the width.

US Youth Soccer Recommendation:

Length: 50 Yards Width: 30 Yards

B. Markings:

- Distinctive lines not more than five (5) inches wide.
- A halfway line shall be marked across the field.
- A center circle with a five (5) yard radius.
- Four corner arcs each with a two (2) foot radius.
- Goal area: Three (3) yards from each goal post and three (3) yards into the field of play joined by a line drawn parallel with the goal line.

- C. Goals: The size of hockey goals and up to 6 x 12 feet.

Law II-The Ball: Size three (3)

Law III-Number of Players:

- A. Maximum number of players on the field at any one time is four (4). Game played without goalkeeper.
- B. Maximum number of players on the roster should not exceed eight (8).
- C. Substitutions:
- Injuries
 - Please consult State Association bylaws

- D. Playing time: Each player SHALL play a minimum of 50% of the total playing time
- E. Teams and games may be coed.

Law IV-Players Equipment: Conform to FIFA with the following exception:

- A. Footwear: Tennis shoes or soft-cleated soccer shoes

Law V-The Referee:

- A. Registered or associate referee.
- B. Parent/Coach or assistant.
- C. All rule infractions shall be briefly explained to the offending player.

Law VI-Linesman: Use club linesmen.

Law VII-Duration of the Game:

- A. The game shall be divided into four (4) equal, twelve (12) minute quarters.
- B. There shall be a two (2) minute break between quarters one and two and another two (2) minute break between quarters three and four.
- C. There shall be a half-time break of five (5) minutes.

Law VIII-The Start of Play:

Conform to FIFA, with the following exception:

- A. Opponent must be five (5) yards from the center mark while kick-off is in progress.

Law IX-Ball In and Out of Play: Conform to FIFA.

Law X-Method of Scoring: Conform to FIFA.

Law XI-Offside: There shall be no offside called during these games.

Law XII-Fouls and Misconduct:

Conform to FIFA with the following exception:

- A. The referee/coach/parent must explain ALL infractions to the offending player.

Law XIII-Free Kicks:

Conform to FIFA with the following exceptions:

- A. Shall be classified under one heading: INDIRECT
- B. No kicks shall be taken by the attacking team within the defending team's goal box.
- C. All fouls shall result in an indirect free kick with opponent five (5) yards away.

Law XIV-Penalty Kicks:

No penalty kicks are to be taken during these games.

Law XV-Throw-In/Kick-In:

- A. Kick-in is considered as an indirect free kick with the opponent five (5) yards away from the ball.
- B. If throw-in is used a second throw must be allowed if the player commits a foul on the initial attempt. The referee shall explain the proper method before allowing player to throw in again.

Law XVI-Goal Kick:

Conform to FIFA with the following exception:

- A. Goal kick may be taken anywhere within the goal box.
- B. Opponents must be five (5) yards away from the ball.

Law XVII-Corner Kick:

Conform to FIFA with the following exception:

- A. Opponents must be five (5) yards away from the ball.

U S Youth Soccer Recommendations

- Opposing parent/coaches and players should shake hands after each game.
- Participation awards for ALL - No trophies or awards just for best team.
- Parent/coaches, non-playing players and spectators should be there to enjoy and encourage the activity of the youngsters.
- No alcoholic beverages will be consumed or allowed near the playing area.